

Vegetable Basil Macaroni Salad

Ingredients:

- 4 cups cooked, whole grain macaroni
- 1 tbsp. olive oil
- 1 small, red onion, chopped
- 3/4 lb. asparagus, chopped
- 2 cup broccoli florets
- 3 cloves garlic, chopped
- 1/4 – 1/2 cup chopped, fresh basil or to taste
- 2 cups halved cherry tomatoes
- 1 tbsp. balsamic vinegar
- Salt & pepper to taste



Directions:

1. Cook pasta to package directions
2. In a large skillet, warm the olive oil, then add the onions, asparagus, broccoli and garlic.
3. Sauté the vegetables until they are cooked to your liking, remove from heat and set aside.
4. Strain the pasta and measure it into the pan with the vegetables.
5. Also add in the basil, tomatoes and vinegar.
6. Toss well, adding salt to taste.

Serves 8.

Portion Count: 1 yellow, 1 green, 1 orange

Recipe courtesy of

the gracious pantry