

Edamame, Tomato, Basil, Feta Salad

Ingredients:

- 3 tbsp olive oil
- 2 tbsp red wine vinegar, or to taste
- 1 tbsp water
- 1 clove of garlic, minced
- 3/4 tsp table salt
- 1/4 tsp black pepper
- 1 pound edamame (shelled) cooked
- 10 medium plum tomatoes seeded and chopped
- 1/2 cup basil, fresh, cut into ribbons
- 1 small uncooked red onion finely sliced
- 1/2 cup crumbled feta cheese



Instructions:

1. To make dressing, in a small bowl, combine oil, vinegar, water, garlic, salt and pepper, set aside.
2. In a large serving bowl, combine edamame, tomatoes, basil and onion.
3. Toss with dressing and sprinkle with cheese.

Serves: 8 (1/2 cup servings)

Portion Count: 1 yellow, 1 green, 1 orange